



Professional Medical Spa
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JUVÉDERM® AFTERCARE INSTRUCTIONS

Congratulations on your Juvéderm® treatment. You should see results immediately and the effects last approximately one year.

If you have any pain you can take over-the-counter Tylenol, ibuprofen, or naproxen. Ice or a cold pack can also be applied to the treated area for increased comfort.

Some swelling or bruising is normally and should resolve in a few days.

Avoid alcohol consumption, strenuous exercise, and extended sun or heat exposure for 24 hours, as these could lead to temporary swelling, itching, or redness at the injection sites.